

Work Station

Environmental Control Unit

I am looking for a better one. I'm ready to throw mine away but it has definitely helped maintain my independence. I use mine to make and take phone calls, control the TV and the light.

Dictation System

I have been using Dragon Naturally Speaking for years, seems fine for my needs. Don't try saving money on microphones, get a high-end model. I did find that it was more effective to "train" the microphone with some back ground noise so you don't have to mute the tv for every email.

Soft type Computer mouse

A point-to-click mouse is a great shortcut to the dictation system. I have found the Orin system to be extremely helpful. It may be expensive (\$1000ish) but a time-saver on-line or basic navigation. <http://www.orin.com/access/headmouse/>

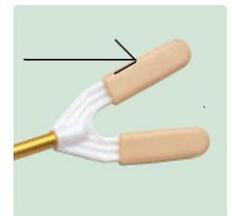
Laptop over Desktop

I wish I would've bought one in the beginning. It travels easy and I would have used it at the hospital, rehab and Doctor's offices. Be prepared though, some of the software takes a lot of memory.

Mouth Sticks

You have got to have a mouth stick if just for emergency use. As a full quad with all of the hands free software I still use them around the desk for moving paperwork and occasionally to operate my computer mouse or dialing my cell phone.

My Dad made a holder that props the mouth stick up-right on my desk ready for use. Be sure to order spare sleeves, they wear out. www.wisdomking.com or www.pattersonmedical.com



Check out www.MakeaSplashInc.com for other ideas.



Make a Splash! Inc will work with the newly injured and their families on the transition to life in a wheelchair. In addition we will introduce life with a disability to able-bodied audiences and express the importance of making good choices in their daily lives.